

Select An Object To Help You Remember The Past, And Write About The Memory

Choose a favorite object from home. Perhaps it is an item you brought from your country to remind you about something or someone very important to you. Or, perhaps it is something you acquired while in this country or discovered when you were on a trip.

The object might be a photograph of someone you love or care about. It might be a pin or watch your mother or grandmother gave to you to remind you of them. Perhaps it is a letter, a book or poem, an herb or a food. Maybe it's a military or school medal of honor. Perhaps it is a childhood toy or something that belongs to someone you love. Maybe it is a sea shell or a stone you found at the beach or in the countryside.

Write about this object and tell us what it means to you. What memory does it bring to mind? Are your thoughts happy or sad? Why is this object so important to you? Is there a story about the object you can write about, such as who gave it to you or how you found it? Make up a story about this prized possession.

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