

Tell Me About Something That Makes You Feel Proud

Everyone has something to be proud about. Maybe you're proud of yourself for having been able to make a new life for yourself and your family in a new country despite the great difficulties you faced.

Maybe you're proud of being able to master the English language.

Maybe you're proud of something you accomplished in your studies, such as completing your education.

Maybe you're proud of something you did on your job—your boss called you a hard worker and told

you that you make a valuable contribution.

Maybe you're proud of a talent you have developed, such as creating art or singing or sewing or raising flowers or plants in your home or garden.

Maybe you're proud of earning your independence and being able to take care of yourself and your family.

Maybe you are proud of having been able to overcome terrible problems by working hard to solve them. What were these problems?

Maybe you were able to overcome big obstacles and through hard work and determination accomplish some goal which you weren't sure you could do. What did you accomplish?

Write about the things that make you proud of yourself. It is important to remember these positive things.

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