## Vour Ififain

## IOO Things for Guys to Write and Draw



Copyright @ 2010 by Bill Zimmerman Artwork by Tyler Page

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This book which you have downloaded is presented in the form of an interactive digital journal. It allows you to directly type your thoughts into the designated areas on each of the book's pages. When you finish typing, simply save the document until the next time you are inspired to make new entries. If you like, you can also print out the pages and draw in the blank areas.

Your Lifta in


100 Things for Guys to Write and Draw
created by Bill Zimmerman, artwork by Tyler Page

THIS BOOK BELONGS TO:

DATE BEGUN:


## Dear Reader,

You know how most other books give you all the words and illustrations so you don't have a say about what happens? Well, this book isn't like that. Instead, it's a do-it-yourself comic book where you can tell stories from your life. There are also cartoons where you get to decide what happens to other characters-just follow the prompts and fill in the talk and thought balloons to determine what the people say and think. Their fate is in your hands! You'll also find pages where you can draw comic strips of your own.

What kind of stuff will you write about and draw in this book? It's up to you. Some of the pages are funny and some are serious. Many are about family, friends, or other people you know. A lot are about things you may have experienced in your life, others probably not. (Unless maybe you have met space aliens or done some time traveling). One quality all the pages share is that they are incomplete. They need your imagination to be finished. All you need is something to write with and your good ideas.

Time to enjoy yourself. Have fun!

Sincerely,
Bil zinmermons
P.S. For more fun, visit my website (www.makebeliefscomix.com). There you can create comic strips and share cartoon ideas of your own.

## Beforre You Get Stirted.

Many of the activities in this book let you fill in talk and thought balloons to complete comics. You'll also have the chance to draw comics of your own. Whenever you see this logo start drawing.

If you don't think you can create the kind of detailed drawings you might see in some comic books, don't worry. Creating comics is all about finding the style that's right for you. You can make really complex drawings to tell your stories if you want, but simple illustrations are okay, too.

Like this guy, who we'll call Mister Mustache, and his dog, Buster:


Once you have your first scene, the next step is pretty simple . . . just make something happen. It can be anything you want. Like maybe Mister Mustache and Buster walk by a squirrel eating nuts in the park. What do you think will happen next?


That's all it takes. Once you begin a comic strip, you can make it go wherever you like. If you're lucky, your story might even take on a life of its own.


Distlaimer: Vour comic strip stories can be a lot less corny than this one! Remember, just use your imagination!




8. He has so many thinys an his mind.

## (9) She has guad naws!


(17)- In Intriguing חuration


Design your awn welsite.

like what you see? Make a website of your own at a blog hosting site. A few popular (and freel sites are WordPress ( www. wordpress. org ), Blogger ( www.blogger.com ), and Blogsome ( www. Dlog some. com). These sites take you through step-by-step directions for creating fun websites. You can also create your own profile page at an online community (see \#75 for some options).

## 13 <br> Sehoal Iay Bluts

## Write a tert messaye to a friend.



Draw a EID gover for an allum you and your hand have recorded.


(16) Helpful Mdvies


## (17) II Day an Hirl Flanet



LATER

STILL LATER
AT MIDNIGHT


Did you know that when a dolphin or whale sleeps, half of its brain shuts down while the other half is active? Because these water mammals must rise to the surface of the ocean to breathe, they cannot completely go unconscious or would risk dying. Visit Science News for Students (www.sciencenews Iorkids.org ) for all kinds of interesting facts about our planet.

## 20) I Itope for the iuture




THE NEXT MORNING

## (22) What are thay talling atout?



## (24) What's going an here?


(25) Stuwriting Iffil the sky wilh wortsl

Tap 3 Superpowers Vou Want
1)
2)
3)

Take your superpowers and create your superhero physique. It's no sweat at the website of Marvel Comics ( www.marvel. com/create. your__ own_superhero I, where you can morph yourself into a lean, mean, evil-fighting machine.

You have an idea for a new reality IV show.

1) What's sit called? $\qquad$

## Who is your best friend and why?

2) What happens? $\qquad$
$\qquad$

$\qquad$




## Type or draw in the white spaces. Print this page to draw.

(30) Teshnology Shutdown!


How will yau survive threa deys without yaur alatiranic gadyats?
FIRST DAY



## (32- What's the plent?



## (34) Thair Ifrst Meating



## 36) Ihfinking Itrout the fiturre


(37- Drew an Imbarrassing Moment

Top 5 Fun Things to Do
1]
2)

3]
4)

5]

## 38) I Sacret




## 40- What happanad?



41 Advantures of Invisible Guy


AT HOME

Visit National Geographic Kids (www. Kids.nalionalyeographic.com I for lots of cool facts about our planet and past civilizations. With information on science, history, space, animals, and other topics, the site is sure to take you to new worlds.


Write the translation upside down just in case you forget the secret code. Or write everything backward so the only way to read your writing is by holding it up to the mirror:

Are you really into codes? Go online and check out the Cryptoclub
(www.cryploclub. org) to create all different kinds of codes. Programs can help you break down codes containing any letters and numbers. There are also jokes and games that let you put your code-cracking skills into action.


Lyrics:
$\qquad$


You can write this in your secret code or language (see \#45].

## 

[Add a photo or draw the person if you like. Print this page to do this.]

Heroes are everywhere. The My Hero Project (www.myhero. com ) has stories about people from all over the world who have accomplished extraordinary things. Visit the site to learn more about famous and everyday heroes who are changing the world one person at a time.

Do you have a lot of interest in gadgets? Visit How Stuff Works I www. howsiluflworks. com I for the secrets behind how computers, machines, and all kinds of other things function.
(57) In a Drive


Deap down, what duas this hoy want to ask or say to his dad?


Write the story of your life in mo more than 1hD charations.


What place would you like to visit? Why?
Where?

Why?

Mastered telling your life story in 140 characters or less? Think you could do it in six words? Log on to www. smilhteens. com to learn more about six-word memoirs, a national project in which teens sum up their lives in half a dozen words.

## 55) IA Hiallanys



56
I canves aweits yaur steteh.

Top 5 favarite Welssites
1)
2)
3)
$4)$
5)


Have a goal you'd like to reach? Sometimes another person helping can make all the difference in the world. Mentor (www.mentor.org I is an organization that connects teens with adults who can share knowledge about different careers or interest areas.


Tupe or draw in the spaces. Print this page to draw

62) He's thinking ahout his gaal.




ฉ) $\qquad$
3)


1) What book did you choose?
2) Which character are you?
$\qquad$
$\qquad$
$\qquad$
$\qquad$
3) How does the story change now that you're in it?

Do you have a hard time finding books that are right for you? A lot of guys have this problem. That's why one famous author, Jon Scieszka, created a website called GuysRead (www. guysread. com ). You can log on for some great reading recommendations and links to the websites of your favorite authors.

## The Day Ivarything Weat Right

68 - Whet's she thinhiny?
69) II Daydream


## A TIME WHEN SOMEONE HELPED ME WAS...

Three Wishes

MAKE YOUR


WISH 1:

WISH 3:

## (72) What are thay so exgiltad ahout?

## 13. A Mnoth-Wnotk dats



## (74): 1 Anmplimant

75
Tap 3 Iteamplishments Yau're Proud of
1)

2)
3)

## Greate an avatar to represent yau on the Web.



If it's okay with adults at home, join one of the online communities at Club Penguin (www. clubpengulin.com ), Whyville (www.whyville.nel]. These virtual worlds allow you to create your own character and environments not to mention hang out with your friends.

77. Aood thinys are happaning in his life.


## 78. What's an thair minds?


(79) Your Life in Gomies

YOUR EARLIEST MENIORY


1) What's it called? $\qquad$
2) How do you do it? $\qquad$
3) How do you win?
 change the world. What could you do? One option: Visit the BKFK website [ www.bkflk. com ), a place where you can find inventing tips and enter inventions in contests. (Winners' ideas are made into products!) There are also profiles of other young people and their innovations to get you inspired.

## 82. Sume food Rtvics

## (84) What call his friand say to halp him?



The Ultimate Menu


Have questions about food, fitness, friendship, life? Visit BAM! Body and Mind [ www. cdc. gov//bam/indelv.hIIII] for fun games and interesting information about all kinds of stuff that matters. There's also expert advice on topics like puberty and getting along with others.

87) Skete Bay's Arst Tricks


Want to learn some wild moves of your own? Get a deck up by visiting Skatehoard Science at Exploratorium (www. evploratorium. edu/skateboarding ). Here you'II find the science behind skateboarding tricks and how you can perform them.

## (88- An Important Annvarsation


(89) In the morning ..


## 90- I Proud Momant

(91) Pradistions for the future

TRANSPORTATION IN THE YEAR 2040

NEW SUPERHERO IN THE YEAR 2050

WE'RE PROUD
OF YOU!

## (92) <br> Areal Lift ileroitas



(94) Foud for Thought

Does learning about nutrition have to be boring? Not a chance. Nutrition.gov
( www.nulifilion.gov/sulbject/lilie-slages/children//kids-corrner) has games and activities about eating well and feeling good. There are also links to more fun.

$\qquad$
$\qquad$
$\qquad$
$\qquad$

## 96) I Auau Question

(97) What's keqping him awale all night?













## a Note from the Muthor

Ever since I was a boy, l've loved comics because they're so simple. They don't require long paragraphs to tell a story. Instead, only a few words are needed for the characters to share their lives. I hope you've enjoyed using comic strips to tell stories from your life.

Now that you've finished, I'd like to learn about any ideas you have for creating comics. It's possible I will work on another book like this in the future, and your comic strip ideas might be a perfect fit. When you send ideas,
include your name and address along with parent permission to use your suggestions. If I am able to use one of your ideas in a future book, you will get a free copy.

Send ideas for comic strips or other activities to:

## Bill Zimmerman

MakeBeliefsComix.com
201 West 77 Street, Suite 6A
New York, NY 10024
Or email: billz@makebeliefscomix.com

If you find the work we are doing as useful to your life, please consider making a small financial contribution to us at PayPal.com at:
http://www.makebeliefscomix.com/Contribute/ And please share our work with your friends, family members and colleagues. Thank you.

## Mhout the Itrtion



Bill Zimmerman has been a journalist, a prize-winning newspaper editor, and an author for many years. Much of his work has been directed toward empowering young people and helping families become closer. Bill's books include Pocket Doodles for Artists, Pocket Doodles for Kids, Doodles \& Daydreams, 100 Things Guys Need to Know, My Paper Memory Quilt, Lunch Box Letters, How to Tape Instant Oral Biographies, A Book of Questions, Make Beliefs, Make Beliefs for Kids of All Ages, Lifelines, The Little Book of Joy, Dogmas, Cat-e-Chisms, A Book of Sunshine, My Life: An Open Book, Idea Catchers for Kids, and Butterfly Wishes.

Bill is the creator of MakeBeliefsComix.com, where visitors can create their own comic strips online. The site is used by students and teachers in more than 180 countries to teach literacy, reading, writing, and storytelling and has received the Parents' Choice Foundation Recommended Award. Bill also teaches writing and reading to young people and immigrant students learning English. He is available for speaking engagements addressing positive youth development.

## Alout the Illistrator



Tyler Page lives in Minneapolis with his wife, Cori Doerrfeld (who is also an artist), and their daughter. He has made comics and illustrations for local and international clients as well as published six of his own graphic novels. Tyler was nominated for an Eisner Award in 2003 and received a Xeric Foundation grant in 2007 to publish the first volume of his comic series "Nothing Better." When he's not drawing, Tyler serves as the Director of Print Technology Services at the Minneapolis College of Art and Design.

Your Life in Comics: 100 Things for G uys to Write and Draw is part of a series of free interactive digital journals published by $M$ akeBeliefs Comix.com. They are part of our mission to help people of all ages discover their writers' voices and express their deepest thoughts through writing.

## The other e-books are:

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 A Playful Journal to Keep Thoughts \& Feelings


Had Said to Me As A Kid


Laptop Letters: Sending Wise \&
Encouraging M essages to
Young People in Your Life


Write What You Know: An Interactive Book Where You and I Share All the Important Things We Know in Life


Pep Talks for When You N eed Them

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## Vaur Life in HIMNAS

## IOD Things for Cuys to Write and Draw

## A do-ili-yourself camic hoak just for gulys <br> What's more fun than reading comics? Making your own.

Your Life in Comics lets you do just that. Most other books give you all the words and illustrations so you don't have a say about what happens. Well, this book isn't like that. Instead, it's an interactive comic book where you can tell stories from your own life. There are also cartoons where you get to decide what happens to other characters. Fill in the talk and thought balloons to show what the people say and think-their fate is in your hands! Other fun freestyle activities let you doodle, make lists, and write about cool stuff in your life. There are also websites with great games, fast facts, and more cartooning activities.

Bill Zimmerman has written more than a dozen books used by families, children, and schools, including 100 Things Guys Need to Know, Pocket Doodles for Kids, and Pocket Doodles for Artists. Bill also is the creator of MakeBeliefsComix.com, an interactive website where users can create comic strips.

An interactive digital comic haok from MakeBeliefsGomix.aom

## You want to have fun? Look inside!

